

CORE MORINGA™ XM+®

Zija's XM+ Energy Mix combines the abundant nutrition of Moringa oleifera with natural energy and performance ingredients to elevate your mood, boost your energy level and suppress your appetite.

These days it's harder than ever to live a well-balanced life. Sleep schedules, modern diet deficiencies and stress can lead to physical and mental fatigue. The need for increased energy is evident in the \$13 billion a year—and growing—energy drink market. Although many of these products provide a quick boost of energy, they lack a nutritional backbone and can result in a “crash.”

Nutrients are a key factor in our body's ability to access energy from both fat cells and the food we consume. ATP, often deemed the energy currency of our cells, is used for catalytic activity. B vitamins, calcium, magnesium and many other vitamins and minerals are critical in our ability to metabolize carbohydrates into ATP. Similarly, vitamin C, iron and other minerals are critical in our ability to metabolize proteins and fats into ATP. By providing an energy mix with a significant nutritional base, XM+ allows us to tap into our own stores for energy that is fast-acting and long-lasting.

As with all of Zija's products, we've left out the harmful neurostimulants, artificial ingredients, flavors, preservatives, stabilizers and sweeteners present in other so-called “energy drinks.”



Supplement Facts

32 Servings Per Container
Serving Size 1 Sachet (13g)

% DV *	Amount Per 1 Serving
	Total Calories 49
	Calories from Fat 1
0 %	Cholesterol 0
1 %	Sodium 7mg
4 %	Total Carbohydrates 11g
5 %	Dietary Fiber 1g
-	Sugars 5g
2%	Protein 1g
6 %	Calcium 60mg
8 %	Iron 1mg

*Percent Daily Value is based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

INGREDIENTS: Proprietary Blend (Natural Tropical Flavor, Moringa oleifera Blend) (Leaf Powder, Seed Cake, Fruit Powder), Ephedra nevadensis, Green Tea Extract, Ginseng, Garlic) Pure Cane Sugar, Fruit Pectin, Citric Acid, Mango Flavor, Natural Caffeine, Agar, Stevia, Silica, Stearic Acid.

DIRECTIONS FOR USE: Blend, shake or briskly stir packet contents into 13-16 ounces of cold water until smooth and then drink.

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WARNING: Do not consume more than 2 packets per day. Not intended for use by persons 17 years or younger without the supervision of a health professional and parent / guardian. Not for use by persons who are pregnant or nursing, caffeine-sensitive, suffer from heart disease, high blood pressure, difficulty urinating, psychiatric condition, depression, recurrent headaches, a medical condition or are taking MAO inhibitor or ADHD drugs. Do not consume with alcohol, cold medicine / drugs containing Pseudoephedrine, Ephedrine, PPA or other caffeine-containing products. Consumption contrary to warning may cause adverse health effects. If unpleasant effects occur, discontinue use.